

BIO GARY M. DOUGLAS



20 years ago, Gary Douglas started to develop Access Consciousness with the knowing that a different way of functioning in the world must be possible. His purpose with Access is to create a world of consciousness and oneness – where consciousness includes everything and judges nothing.

Simple, effective, and to the point, Access is a set of tools, processes and questions that enable people to create change in any area of their life. Born in the American Midwest and raised in San Diego, California, Mr. Douglas has always been on a spiritual path, seeking deeper answers to life's mysteries. His innate curiosity has allowed him to question what didn't seem to be working in life and to seek alternatives to the popular views and accepted wisdom of today.

Today Mr Douglas' workshops can be found in 25 countries and is offered by over 600 facilitators worldwide. Gary Douglas continues to travel all over the world facilitating advanced classes on subjects ranging from bodies, the Earth, animals, conscious children, possibilities, relationship and money.

The techniques of Access Consciousness are being used world wide to transform lives and bodies in private practices as well as in conjunction with addiction recovery, weight loss, business and money, animal health and many holistic health modalities, such as acupuncture and chiropractic care.

Gary Douglas has written several books on the subjects of money, sex, relationship, magic and animals. 2010 his novel *The Place* became a Barnes and Noble bestseller. His latest book, *Divorceless Relationships*, will be published in August 2011.

www.accessconsciousness.com • www.garymdouglas.com



FOR SCHEDULING *e:* media@accessconsciousness.com

FOR USA *t:* Blossom : 1 949 533 7179

FOR WORLDWIDE *t:* +61 7 3102 3279

USA 3463 State Street, PMB 488, Santa Barbara, CA 93105

AUSTRALIA PO Box 52, Coolum Beach, QLD, 4573

www.AccessConsciousness.com

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